



HOW TO FIND YOURSELF AGAIN

HEALTH WITH FLAIR
RAMONA O'NEIL "GUT QUEEN"

SOPYC Ladies Luncheon

Tuesday 9 March 2021. 11:30 am
\$33 per person. Lunch included.

To book and pre-pay please call Maree on
9364 5844 or email: reception@sopyc.com.au