

# SAFE BOATING POLICY

The South of Perth Yacht Club encourages safe boating practices among its members. Boat owners are required at all times to comply with the regulations and conditions of the Department of Transport, as set out in the Marine Safety Rules and Regulations, together with any related statutory requirements.

All participants in racing competition conducted by the Race Committee of SoPYC are to comply with the Racing Rules of Sailing (RRS) as well as the AS Special Regulations set out in the 'Blue Book', together with the Notice of Race and Sailing Instructions issued for each event.

The attention of sailors is drawn to this Safety Section segment of the 'Red Book' and to the requirement to complete an AS Equipment Audit Form when nominating for each sailing season.

All participants in racing and cruising events conducted by SoPYC are directed to Section 1, 1.01.1 of the AS Special Regulations:

"The purpose of these Special Regulations is to establish uniform minimum equipment, accommodation and training standards for racing boats and as a guide for cruising boats."

and 1.02 1:

"The safety of a boat and her crew is the sole and inescapable responsibility of the person in charge who shall do their best to ensure that the boat is fully found, thoroughly seaworthy and manned by experienced crew who have undergone appropriate training and are physically fit to face bad weather. He must be satisfied as to the soundness of hull, spars, rigging, sails and all gear. He shall ensure that all safety equipment is properly maintained and stowed and that the crew know where it is kept and how it is used. Attention is drawn to 2.04 that specifies the crew experience required for some races. He shall also nominate a person to take over the responsibilities of the person in charge in the event of his incapacitation."

*Scan me!*



**Marine Safety Rules**

*Scan Me!*



**RRS Blue Book**

*Scan Me!*



**Special Regulations**

# BOAT EMERGENCY RESPONSE PLAN

South of Perth Yacht Club's Emergency Response Plan (ERP) provides a systematic approach to responding to an incident occurring during an event conducted by the Club.

## Emergency Response

SoPYC is not equipped to provide extensive emergency response.

WA Water Police (or AusSAR depending on the incident location) will coordinate emergency response for boats requiring external medical assistance when there is grave or imminent danger to the safety of boat or crew.

## Pre-Event Preparation by the Skipper and Crew

- ✓ Ensure that all required safety equipment is on board and in good working condition.
- ✓ Have sufficient crew, appropriately experienced, able to cope with the conditions likely to be experienced.
- ✓ Brief the crew on emergency response in the case of an incident including locations of safety equipment, their emergency roles and procedures to be followed.
- ✓ Ensure the crew is familiar with the boat's Man Overboard (MOB) procedures. SoPYC recommends that the procedure is practiced before and during the sailing season.
- ✓ Have crew on board with a Senior First Aid Certificate (recommended for all events).
- ✓ Have crew on board with a Marine Radio Operators Certificate of Proficiency.
- ✓ Check event entry rules and be aware of any special safety requirements.

## Notification of Incident

When a boat needs emergency assistance, it should use the standard marine emergency call procedures 000 or 112 – including PAN PAN or MAY DAY when required.

- **CONTACT CLUB** Use when assistance is required but an emergency has not yet arisen. Call the Emergency Response numbers.

Call "South of Perth Race Control"  
VHF Ch. 77 Mobile **0412 704 945**

Scott Nunn  
Sailing Administrator  
**0412 745 844**

David Harries  
General Manager  
**0422 418 143**

- **PAN PAN** Use when an urgent safety message concerning safety of the boat or person is required but a MAY DAY call is not fully justified.
- **MAY DAY** Use only when a boat or person is in grave or imminent danger and requires immediate assistance.

# SKIPPERS ON-WATER EMERGENCY CHECKLIST

## 1. SoPYC Emergency Response Plan (ERP)

- a) Although SoPYC is not equipped to provide extensive emergency response, the South of Perth Yacht Club ERP provides a systematic approach to responding to an incident occurring during an event conducted by the Club.
- b) Do you have the SoPYC On Water Emergency Phone Numbers displayed on board?

## 2. Notification of Incident

- a) When a boat needs emergency assistance, it should use all available means to attract attention.
- b) Do you have flares, marine radio, mobile phone, or other communications on board?
- c) In the event a vessel is seriously damaged rendering it unsafe or unseaworthy and/or a person is seriously injured, have you notified the Department of Transport as required.
- d) Where a yacht requires emergency response, the yacht should use the standard marine emergency call procedures (MAY DAY or PAN PAN).
- e) MAY DAY – only used if a vessel or person is in grave or imminent danger and requires immediate assistance.
- f) PAN PAN – used when a MAY DAY distress call is not fully justified – urgent message concerning the safety of the vessel or person.
- g) If the incident does not warrant a MAY DAY or PAN PAN call, but assistance is required, contact SoPYC Race Control 0412 704 945 or on VHF 77.

## 3. Responsibility of the Skipper

- a) The responsibility for a boat's decision to participate in a race or to continue racing is hers alone.
- b) Are you aware of the Australian Sailing Special Regulations 1.01 and 1.02.
- c) Have you complied with the Racing Rules of Sailing 1.2 – one PFD available for immediate use?
- d) Do you have the latest weather forecast and charts for the area?
- e) Is the vessel well found and adequate for the conditions?
- f) Are the crew appropriately experienced to cope with reasonably anticipated conditions?
- g) Do the event entry rules specify safety requirements?
- h) Is all safety equipment maintained, easily accessible at all times and conforms to appropriate Marine Standards?

## 4. Responsibility of the Crew

- (a) Each competitor is individually responsible for wearing a personal floatation device adequate for the conditions.
- (b) Are the crew members briefed on their individual role on the boat?
- (c) Are the crew familiar with the vessels Person-Overboard procedures?
- (d) Is there at least one other crew member, in addition to the Skipper, capable of handling the vessel in all conditions?

# SKIPPERS ON-WATER EMERGENCY CHECKLIST

## 5. Safety Briefing

- (a) A boat shall carry adequate life-saving equipment for all persons on board.
- (b) Has the Skipper provided a safety briefing; where it is stowed, how to use it and when to use it?
- (c) Does someone on board have a Senior First Aid Certificate?
- (d) Have the likely dangers of participating been discussed with the crew?
- (e) What equipment is available for use in the event of a collision between boats or a person-overboard?
- (f) Are all on board familiar with the use of flares, marine radio etc in the event the skipper or usual operator is incapable?

## 6. Intoxication

- (a) Skippers should ensure that the capabilities of all crew and passengers, as well as their own, are not adversely affected by the consumption of alcohol prior to or during any race or cruise. Aside from obvious dangers involved, the Water Police are paying increasing attention to the consumption of alcohol on private vessels and penalties can be severe.
- (b) Is there a policy on your vessel concerning if, when and how alcohol might be consumed?

## 7. Medical Emergency

- (a) For Hypothermia refer to the Advisory Appendix E to Part 1 in the 2017-2020 Australian Sailing Special Regulations.
- (b) If urgent outside assistance is required, a vessel should:
  - i. Transmit a PAN PAN on VHF Ch. 16 or call Triple zero (000)
  - ii. Contact SoPYC Race Control 0412 704 945 or VHF 77
  - iii. What is the nature of the injury or complaint?
  - iv. Is an ambulance required, if so, at what location?

## 8. Person Overboard

- (a) Refer to the Advisory Appendix D in the 2017-2020 Australian Sailing Special Regulations.
- (b) Have the crew carried out a person overboard exercise under all conditions of sailing?
- (c) If the vessel becomes disabled, is unable to retrieve the person overboard and/or loses sight of the person overboard, she should immediately issue an urgency call and make contact with SoPYC Race Control.

## 9. Heavy Weather Sailing

- (a) Refer to the Advisory Appendix F in the in the 2017-2020 Australian Sailing Special Regulations.
- (b) Be aware of the heavy load a sea places on deck fittings.
- (c) Have you considered "heaving-to" (jib aback, main sheeted in tight and rudder steering to windward)?

# SKIPPERS ON-WATER EMERGENCY CHECKLIST

## 10. Sea Sickness

- (a) Loss of fluids induces dehydration, encourage water intake in sips.
- (b) Secure and position person in lowest motion part of the vessel (usually the stern), face in the wind, with sight of horizon.
- (c) Avoid alcohol and greasy foods before voyage, consider heaving-to in serious cases.

## 11. Capsize and/or Sinking

- (a) Is anyone injured?
- (b) Use all available means to notify Race Control, another vessel or other responsible persons of the situation.
- (c) Stay with the vessel (unless it sinks out of sight).
- (d) Right the vessel if possible.
- (e) Do everything possible to conserve core body heat.

## 12. Grounding

- (a) Assess damage and potential danger.
- (b) Unless taking on excessive water, make every effort to refloat the vessel before requesting outside assistance.
- (c) The decision to render assistance is at the discretion of those coming to your aid.

## 13. Collision resulting in Severe Damage

- (a) If the vessel is disabled she should immediately issue a PAN PAN call on VHF Ch. 16 or phone Race Control.

## 14. Toxic Spills

- (a) Contact the Department of Transport Oil Pollution Reporting section listed in the Emergency Contacts.

## 15. Fire onboard

- (a) Most important consideration is human life, the boat is secondary.
- (b) Prevention is preferable to fire fighting.
- (c) Correct installation and good house-keeping, regular maintenance and fire prevention is necessary.
- (d) If possible, make a PAN PAN call.
- (e) Was the use and location of a fire blanket and/or extinguisher covered in the safety equipment briefing?

# SEQUENCE FOR A COMPLETE DISTRESS CALL AND MESSAGE

Press the VHF DSC (Digital Selective Calling) Distress Alert button, if fitted, followed by:

## DISTRESS CALL

- Distress signal (x3) **MAYDAY, MAYDAY, MAYDAY**
- Words 'this is' **THIS IS**
- Station calling (x3) (Vessel's name – three times)

## DISTRESS MESSAGE

- Distress signal **MAYDAY**
  - Name/MMSI\* [Vessel's name] .....
  - Position .....
  - Nature of the distress .....
  - Persons on board (POB) .....
  - Other Information .....
  - (If time permits)
- OVER**



\*MMSI (Maritime Mobile Service Identity) 503 xxx xxx

## EMERGENCY RESPONSE CONTACTS



	Emergency	Non - Emergency
Police	000	131 444
Fire	000	9335 6262
Ambulance	000	9334 1222

Emergency Services	Phone	VHF Radio	HF Radio
Water Police	131 444	VHF 16 or 67	HF 6215, 4125, 8291, 8176
Fremantle Sea Rescue Marine Assistance	9335 1332	VHF 16 or 73	
SES Emergency Assistance	132 500		
Poisons Information	13 11 26		
Dept of Fire & Emergency Services	9395 9201	Marine Services	
DoT Marine Safety Hotline	1300 863 308		

### Medical Centres

Fiona Stanley Public Hospital	6152 2222	11 Robin Warren Drive, Murdoch
Royal Perth Hospital	9224 2244	Wellington Street, Perth
Sir Charles Gairdner Hospital	6457 3333	Hospital Avenue, Nedlands
St John of God Murdoch Hospital	9366 1111	Barry Marshall Parade, Murdoch
Applecross Medical Group (7 days)	9364 6444	764 Canning Highway, Applecross
Reynolds Road Medical Centre	9364 6633	857 Canning Highway, Applecross
Emergency Dental - Weekends/Hols	6457 7626	Hospital Avenue, Nedlands

### Environment

Oil Pollution Reporting (24 hrs)	9480 9924
Wildcare Helpline	9474 9055
DBCA – Parks & Wildlife Services	9474 9055

### South of Perth Yacht Club

Race Control	0412 704 945	VHF 77 'SoPYC Race Control'
On Water Group	9364 5844	VHF 77 'SoPYC Shore Base'
General Manager	0422 418 143	David Harries
Sailing Administrator	0412 745 844	Scott Nunn
Head Coach	0423 429 686	Denis Jones
Chief Bosun	0423 079 724	Robbie Wilson

### Yacht Clubs

Claremont Yacht Club	9384 8226	Race Control	0407197337	VHF 77
East Fremantle Yacht Club	9339 2208	Race Control		VHF 77
Nedlands Yacht Club	9386 5496	Race Control		VHF 77
Perth Flying Squadron Yacht Club	9386 6437	Race Control	0488332785	VHF 77
Royal Freshwater Bay Yacht Club	9384 9338	Race Control	0422654833	VHF 77
Royal Perth Yacht Club	9389 1555	Race Control	0408919667	VHF 77
Fremantle Sailing Club	9435 8800	Race Control		VHF 77
The Cruising Yacht Club of WA	9527 5468	Race Control	0401006093	VHF 77