



ILCA WA

STATE CHAMPIONSHIPS

March 21 & 22, 2026

Sailing Instructions

Hosted by South of Perth Yacht Club
(Organising Authority)
in association with
The International Laser Class Association of Western Australian (Inc.)

Amended - 21/3 -
NTC-02

Sailing Instructions (SIs)

The notation '[NP]' in a rule of the sailing instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1.

The notation '[SP]' in a rule of the sailing instructions (SIs) means that the standard penalty for a breach of the rule may be applied by the race committee or technical committee without a hearing. This changes RRS A5

1 RULES

- 1.1 The event is governed by the rules as defined by:
 - a) *The Racing Rules of Sailing* (RRS) 2025-2028,
 - b) The Australian Sailing (AS) Special Regulation: Part 2,
 - c) The International Laser Class Association (ILCA) Class Rules.
- 1.2 Appendix T – Arbitration shall apply.
- 1.3 ILCA class rule 7(a) is restricted as follows: "Only one person (the registered sailor) shall be on board while racing."

2 CHANGES TO SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted on the official noticeboard at least two (2) hours before the scheduled time of the first race of the day it will take effect, except that any change to the schedule of races will be posted by 2000hrs on the day before it will take effect.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board located online.
Link: <https://sopyc.com.au/web/pages/ilca-state-championships-2026>
Notices may also be placed on unofficial notice boards, located at the Centreboard Clubhouse and via the WhatsApp chat group.
WhatsApp: <https://chat.whatsapp.com/I313bP5iTEUJTYS01zQzal>
- 3.2 The race office is located at On-Water Group (OWG) Office in the main clubhouse prior to any race-days and at the Centreboard Clubhouse during race-days. Contactable via telephone **0412 745 844** email sailingadministrator@sopyc.com.au
- 3.3 On the water, the race committee intends to monitor and communicate with competitors on VHF radio channel to be as noted at a volunteer/coaches briefing prior to each race session.

4 CODE OF CONDUCT

- 4.1 **[DP]** Competitors and support persons shall comply with reasonable requests from race officials.
- 4.2 **[DP]** Competitors and support persons shall always adhere to the [AS Code of Conduct](#) for the duration of the Regatta.
- 4.3 RRS 69.1 shall apply for the duration of the regatta.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed at flag mast located on the Centreboard Clubhouse lawn.

- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in Race Signals AP.

6 SCHEDULE OF RACES

- 6.1 The Schedule is as follows:




<i>Date</i>	<i>Time</i>	<i>Event</i>
Wednesday, 18 March 2026	1700	Close of Entries
Saturday, 21 March 2026	1200-1400	Registration
	1400	Volunteer & Coaches Briefing
	1430	Saturday Competitor Briefing
	1600	Race Session 1
Sunday, March 22 2026	0800	Sunday Competitor Briefing
	0900	Race Session 2
		Break
		Race Session 3
	1600	Last possible warning signal
	1700	Presentations

- 6.2 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least 1 minutes before a warning signal is made.

- 6.3 On the last scheduled day of racing no warning signal will be made after 1600hrs.

7 CLASS FLAGS

The ILCA Class flags are:

ILCA 4	ILCA 6	ILCA 7
		

8 RACING AREA

- 8.1 The racing area is on the waters of the Swan River know as Melville Water East.

9 COURSES

- 9.1 The diagram(s) in SI Addendum A show the course(s) to be sailed, the order in which marks are to be passed, and the side on which each mark is to be left.
- 9.2 **[NP][SP]** Except when starting or finishing, boats shall not sail through an active Start / Finish line.
- 9.3 For Windward/Leeward courses, the course may be shortened at the 'gate', with boats to proceed to the normal finish line. Trapezoidal courses shall not be shortened.

10 MARKS

Mark(s) are as listed and described in SI Addendum A.

11 OBSTRUCTIONS

- 11.1 The following area(s) or lines are designated as an obstruction(s):
- a) The area encompassing the northern point of the western hardstand, to Outer Black (Green)(23), to Heathcote Spit (22), to Inner Red (25) to the northern point of the western hardstand.

12 THE START

- 12.1 Races will be started using RRS 26 with the warning signal made 5 minutes before the starting signal.
- 12.2 The starting line is between a staff displaying an orange flag on the Race Committee (RC) vessel at the starboard end and a checkered buoy at the port-end.

- 12.3 **[DP]** Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 12.4 A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A5.

13 CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will move the original mark or the finishing line to a new position. Changes to windward legs of the course shall be signalled by a committee vessel with sound signals & the 'C' flag below the gate (or bottom rounding mark) to notify competitors that the windward buoy has been moved to a new position. This modifies RRS 33.

14 THE FINISH

- 14.1 **a) Downwind Finish: Courses 1-3:** The finishing line is between a staff on the race committee vessel displaying a blue flag and a blue conical buoy laid to starboard of the start/finish RC vessel.
- b) Upwind Finish: Courses 4-5:** The finish line is between a staff on the race committee vessel displaying a blue flag, and the blue conical buoy laid to port of the start/finish RC vessel.
- 14.2 The RC may choose to have a committee vessel at the pin end of the finish line, beyond the laid mark. It shall be considered an 'obstruction' for the purpose of the RRS.

15 PENALTY SYSTEM – Refer NoR

16 TIME LIMITS

- 16.1 The Mark 1 Time Limit, Race Time Limit (see RRS 35), and the Finishing Window are shown in the table below.

Mark 1 Time Limit	Target Times	Finishing Window
30 Minutes	45 Minutes	15 Minutes

- 16.2 If no boat has passed the first mark within the Mark 1 Time Limit, the race will be abandoned.
- 16.3 The Finishing Window is the time for boats to finish after the first boat sails the course. Boats starting but failing to sail the course within the Finishing Window, and not subsequently retiring, penalised or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place one more than the finishing place of the last boat that sailed the course within the Finishing Window and was not penalised under RRS 30.3 or 30.4. This changes RRS 35, A5.1, A5.2 and A10.
- 16.4 Failure to meet 'Target Times' shall not be grounds for redress or protest.

17 HEARING REQUESTS

- 17.1 The protest time limit is 60 minutes after the last boat finishes the last race of the session or the race committee signals no more racing today, whichever is later. The time will be posted on the official notice board.
- 17.2 Hearing request forms are available from the race office.
- 17.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at the Centreboard Clubhouse, beginning at the time posted.
- 17.4 The right of appeal from a protest committee decision is denied as provided in RRS 70.3 (b),(c) &(d).

18 SCORING

- 18.1 The Low Point Scoring System shall apply.
- 18.2 3 races are required to be completed to constitute a series.

- 18.3 A boat's series score shall be:
(a) When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
(b) When from 5 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 18.4 The ILCA Masters sub-divisions for ILCA 6 & 7, shall be scored from the first two (2) races in each racing session, to a maximum of six (6) races.
- 18.5 ILCA Masters will be included in both fleet and Masters results. ILCA Masters shall be only eligible for one prize.

19 SAFETY REGULATIONS [SCP]

- 19.1 **[DP][NP] Sign On/Off:** All competitors shall sign on prior to leaving shore to race, and sign off before the Protest Time Limit, via the provided documents at the SoPYC Centreboard Clubhouse.
- 19.2 **[DP][NP]** Any boat joining the race-course after the 1st race in a session or leaving the race-course prior to finishing the final race in a session must notify an RC vessel.
- 19.3 **[DP]** A boat that retires from a race shall notify the race committee at the first reasonable opportunity. Promptly after returning to shore, and before the Protest Time Limit, the boat shall complete a retirement declaration form, which is available at the Centreboard Clubhouse.

20 REPLACEMENT OF EQUIPMENT

- 20.1 **[DP]** Substitution of damaged or lost equipment is not allowed unless authorised in writing by the RC. Requests for substitution shall be made to the committee at the first reasonable opportunity, which may be after the race. 'Change' forms shall be available at the Race Office.
- 20.2 Requests made on water must be confirmed in writing at the first available opportunity.

21 EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.

22 [DP] SUPPORT TEAMS

- 22.1 All supporting or coaching vessels shall register with the OA.
Link: <https://www.revolutionise.com.au/sopyc/events/330575>
- 22.2 All supporting boats shall carry a working VHF radio and maintain a listening watch on the frequency specified by the OA.
- 22.3 All supporting or coaching vessels shall remain 100m clear of competing boats unless directed by the RC.

25 TRASH DISPOSAL

- 25.1 Trash may be placed aboard official or support person vessels.

26 BERTHING

[DP] Boats shall be kept in their assigned places while at the regatta as shown on the SoPYC websites "[Parking/Rigging Information](#)" or as sign posted and directed by SoPYC staff and coaches. This event is not a "hot dolly" event.

29 PRIZES – Refer NoR

30 RISK STATEMENT

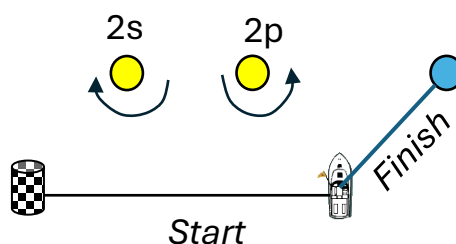
In addition to NoR 15, the OA their offices, members, staff, volunteers and agents accept no responsibility in respect to loss of life, personal injury or damage of property which may be sustained by reason of their participation or intended participation in the event howsoever arising in connection with the event.

31 INSURANCE – Refer NoR

Addendum A: Courses 1-3

Amended - 21/3 - NTC-02

Marks	
1.35m Conical	1a, 1b, 1c, 2s, 2p, Finish Buoy, Blue 1.35m Cylindrical



Windward / Leeward Courses

NOT TO SCALE

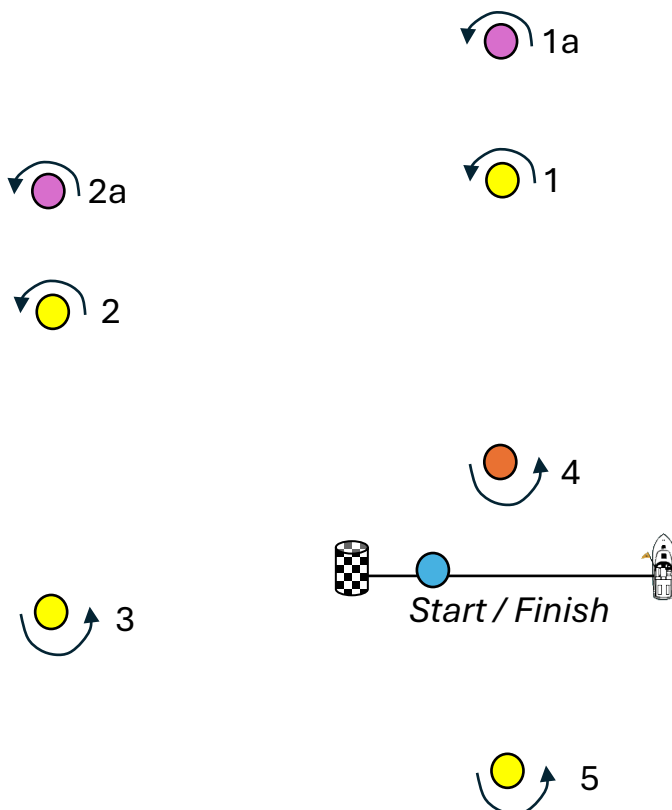
All Marks rounded to port unless otherwise specified.

'2s' & '2p' shall be considered a gate, which boats must pass through, taking each mark to its correct side as depicted.

Course #	Course to be sailed
ILCA 4	
1	1a - 2s/2p - Finish
2	1a - 2s/2p - 1a - 2s/2p - Finish
3	1a - 2s/2p - 1a - 2s/2p - 1a - 2s/2p - Finish
ILCA 6	
1	1b - 2s/2p - Finish
2	1b - 2s/2p - 1b - 2s/2p - Finish
3	1b - 2s/2p - 1b - 2s/2p - 1b - 2s/2p - Finish
ILCA 7	
1	1c - 2s/2p - Finish
2	1c - 2s/2p - 1c - 2s/2p - Finish
3	1c - 2s/2p - 1c - 2s/2p - 1c - 2s/2p - Finish

Addendum A: Courses 4-5

Marks	
1.35m Conical	1, 1a, 2, 2a, 3, 4, 5
Colours are as per diagram	



Trapezoid Courses

NOT TO SCALE

All Marks rounded to port unless otherwise specified.

The 'blue' finish pin will be laid as soon as practical after the start.

Course #		Course to be sailed
ILCA 4		
4		1 – 2 – 3 – 2 – 3 – 5 - Finish
5		1 – 2 – 3 – 2 – 3 – 2 – 3 – 5 - Finish
ILCA 6		
4		1 – 4 – 1a – 2a – 3 – 5 – Finish
5		1 – 4 – 1a – 4 – 1a – 2a – 3 – 5 – Finish
ILCA 7		
4		1a – 4 – 1a – 2a – 3 – 5 – Finish
5		1a – 4 – 1a – 4 – 1a – 2a – 3 – 5 – Finish