

FROSTBITE SERIES SAILING INSTRUCTIONS



SOUTH of PERTH YACHT CLUB
(Organising Authority)

FROSTBITE SERIES 2026 SAILING INSTRUCTIONS

[NP] Breaches of the SI's marked [NP] will not be grounds for protest by a boat.

1. RULES

- 1.1 Races will be governed by the rules as defined in:
- a) The Racing Rules of Sailing (**RRS**).
 - b) The Prescriptions of Australian Sailing (**AS**) including the Special Regulations.
 - c) The SoPYC Performance Handicapping Rules (**PHS**).
 - d) Appendix T – Arbitration shall apply.

2. CHANGES TO SAILING INSTRUCTIONS



Any change to the Sailing Instructions (**SIs**) will be posted not less than 2 hours before the scheduled warning signal on the day it will take effect, except that any change to the schedule of races will be posted by 1800 on the day before it will take effect. An 'L' flag shall be displayed as per SI 5.1.


3. COMMUNICATION

- 3.1 Notices to Competitors (**NTC**) will be posted on the official noticeboard located in the foyer of the main Clubhouse.
- 3.2 The race office is the On Water Group (**OWG**).
- 3.3 On the water, the Race Committee (**RC**) intends to monitor VHF 16 & 77 and communicate with competitors on **VHF 69**.
- 3.4 The call sign for South of Perth Yacht Club is '**South of Perth Race Control**'.
- 3.5 While racing, from the first warning signal until the end of the last race of the day, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

4. CODE OF CONDUCT [DP]

Competitors and support persons shall comply with reasonable requests from race officials and adhere to the AS Code of Conduct.

5. SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed from the signal mast on the main clubhouse north-east lawn.
- 5.2 Signals made at the start box are deemed to be made afloat.
- 5.3 When flag 'AP' is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in  the race signal 'AP'.

6. SCHEDULE OF RACES (Attachment A)

- 6.1 The schedule of races is online and published in the Red Book.

6.2 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least 1 minute before a warning signal is made.

7. DIVISION FLAGS

7.1 The Division flags are:

Division 1 Naval Numeral 1



Division 2 Naval Numeral 2



includes S80 & SS27.

Division 3 Naval Numeral 3



includes H28, SS22, Red Witch

7.2 A keelboat's division flag shall be displayed from the backstay or mainsail leech when racing.

7.3 The flag shall be removed when no longer racing.

8. RACING AREA

Races will be conducted on Melville Water unless otherwise stated.

9. CLUB COURSES

9.1 The courses for each division are available online and from the OWG.

9.2 The Race Committee will display the division/class flag and course flag as the warning signal for each division/race.

9.3 The course to be sailed will be designated by an international numeral pennant corresponding to the course number displayed below the division or class flag.

10. MARKS

10.1 Marks for the courses will be fixed marks as shown in the '2026 Frostbite Series' club course sheets.

10.2 All navigation posts carrying top marks (except Outer Dolphin (17), Foam Spit (18) and Deepwater Spit (37)) shall not rank as marks but shall rank as obstructions for the purpose of RRS 19.

10.3 While racing, all navigation posts carrying top marks, except Outer Dolphin (17), Foam Spit (18) and Deepwater Spit (37), shall be passed on their correct navigational side.

10.4 **Missing Mark** - If a mark is missing and **Flag 'M'** is not in position, boats shall round marks as if it were in its usual position. This changes RRS 34.



11. OBSTRUCTIONS

The following areas and lines are designated obstructions:

a) The area encompassing the northern point of the western hardstand, Heathcote Channel and Heathcote Spit (22).

b) All navigation posts carrying top marks (except Outer Dolphin (17), Foam Spit (18) and Deepwater Spit (37)) shall not rank as marks but shall rank as obstructions for the purpose of RRS 19.

c) While racing, all navigation posts carrying top marks, except Outer Dolphin (17), Foam Spit (18) and Deepwater Spit (37), shall be passed on their correct navigational side.

12. THE START

12.1 **All Starts:**

a) **[DP]** Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races (Refer Attachment C).

b) Boats that are **near the starting line in the last minute of another fleets start** may receive an **[SCP]** without a hearing.

c) A boat that does not start within five minutes after her starting signal will be scored Did Not Start (**DNS**) without a hearing. This changes RRS A5.

12.2 **Box Starts:**

a) The **Box Start line** will be between a staff displaying an orange flag on the Box starting line and the outermost of the two yellow pyramid buoys. The inner yellow buoy will mark the extent but not necessarily the position of the line and shall be left on the same hand as the Start Box.

b) When a race is scheduled or signalled to start at the Box, boats shall start in a **northerly direction**.

c) If **Flag 'D'** is displayed no later than the 'on station signal', then boats shall start in a **southerly direction** and leave additional marks, Martin Buoy (69), Weaver Buoy (68), Outer Start Line Buoy all to Port, before continuing on their normal signalled course.



12.3 **General Recall**

When a **General Recall** is signalled, the 'First Substitute' flag will be displayed for 1 minute. The warning signal for a new start for the first recalled fleet will be made at the starting signal of the last fleet in the original sequence. New starts for other recalled fleets will follow in the order thereafter. This changes RRS 29.2-and race signal, 'First Substitute'.



12.4 **[NP]** While the regular fleet order is displayed in 'Attachment A: Schedule of Events', the Race Officer at their discretion may; **a)** Change the fleet start order; **b)** Combine the start for multiple fleets; **c)** Cancel a fleet start if no boats are present after the On-Station flag is raised.

13. **SHORTENING THE COURSE**

13.1 **Before the start** – The RC may shorten a course before the starting signal by flying **Flag 'S'** over the relevant Class/Division flag(s) no later than the warning signal. The marks prefixed * on the course sheets shall be omitted. This changes RRS 32.



13.2 **After the start:**

a) Where a fleets course includes a rounding of the outer start line, the RC may shorten a course after the starting signal by flying **Flag 'S'** over the relevant Class/Division flag(s) from the Box. The marks prefixed * on the Course sheets shall be omitted. This changes RRS 32.

b) The RC may shorten the course in accordance with RRS 32.2 - A RC vessel will fly **Flag 'S'**, the relevant division or class flag(s) and the **Blue Finish Line Flag**.

14. **THE FINISH**

The Finish Line will be between a staff displaying a blue flag from the Box finish line and the outermost of the two yellow pyramid buoys. The inner yellow buoy will mark the extent but not necessarily the position of the line.

15. **PENALTY SYSTEM – Refer NoR**

16. **TIME LIMITS**

16.1 The Race time limit is 1700.

17. **PROTESTS AND REQUESTS FOR REDRESS**

17.1 The protest time limit is one hour after the last boat finishes.

17.2 Protest forms are available online and from OWG.

18. **SCORING – refer NoR**

19. **SAFETY REGULATIONS [NP] [DP]**

19.1 A boat that retires from a race shall notify the RC at its first available opportunity.

- 19.2 While racing, no anchor shall be carried on deck forward of the stem or protruding outward from the hull.
- 19.3 Operable marine VHF radios shall be carried, which may be permanently installed or be waterproof handheld and **shall be turned on** whilst racing.
- 19.4 In addition to the Helmsperson, there shall be **at least one crew member who shall be competent to handle the boat in an emergency**.
- 19.5 All sailors competing as **double-handed** shall wear a PDF Type 1, Level 100 or higher which conforms to AS 4758 or ISO 12402 or AS 1512.

20. SIGN ON [NP]

- 20.1 All boats shall sign on with the TopYacht links supplied at registration and that are available via the club website.
- 20.2 It is the Skipper's responsibility to record all persons onboard their boat. Boats that fail to Sign On shall receive a **[SCP]** without a hearing.

21. PRIZES – Refer NoR

22. DISCLAIMER OF LIABILITY- refer NoR

23. INSURANCE - refer NoR